Trainer/Health Services Associate III (0616)

Basic Purpose/Job Function: Supervises the care, prevention and rehabilitation of athletic injuries and illness for all participants in intercollegiate athletics or responsible for designing and supervising strength and conditioning weight training programs to meet specific strength goals for individual athletes.

Examples of Titles Replaced: Head Athletic Trainer; Strength and Conditioning Trainer

Typical Functions May Include:

1. Supervising the staff providing prevention, care and rehabilitation of athletic injuries for all University athletes
2. Managing the budget for all medical expenses and supplies
3. Consulting with team physicians, setting athlete-physician appointments, and monitoring daily progress of athletes
4. Providing post-injury and post-surgical rehabilitation therapy
5. Maintaining medical files on athletes and medical history of incoming athletes
6. Evaluating and treating athletic injuries under the supervision of the team physician
7. Corresponding with coaches in all sports regarding injury and illness reports
8. Designing individual weight training programs to meet specific strength and conditioning goals
9. Coordinating the drug education and screening program for athletes
10. Supervising individual weight training programs and monitoring activities in the weight rooms
11. Performing preventive and supportive taping
12. Developing menus for all student athletes
13. Supervising pre-game warm-up exercise activities
14. Attending daily practices and all games of designated sports
15. Ensuring that personnel supervised are informed of and adhere to established health and safety practices associated with assigned tasks
16. Performing other related duties as assigned

Risk Management: Uses established safety practices to protect the health and safety of personnel and property.

Supervision of Others: Supervises staff, graduate assistants and/or other students as assigned.

Supervision Received: Receives general supervision from designated supervisor.

Minimum Qualifications:

- **Education:** Bachelor's Degree
  - Type: To be determined by department
- **Experience:** 36 - 48 months
  - Type: Physical Education, Conditioning, prevention, evaluation, first aid, rehabilitation, and transportation of athletic injuries/illness
Skills: Effective oral and written communication, ability to work independently and good organizational skills

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- **Special Requirements:** Ability to travel; ability to work cooperatively with a wide range of constituencies in a diverse community

- **Licenses:** For Head Athletic Trainer, current certification by the National Athletic Trainers Association and licensure as an Athletic Trainer by the Oklahoma State Board of Medical Examiners is required.

- **Certifications:** Determined by the nature of the position and/or department

Minimum requirements may be met by an equivalent combination of education and experience, unless otherwise designated in writing by the department.

Departments are responsible for site-specific job descriptions.