Instructions to Find your Training History
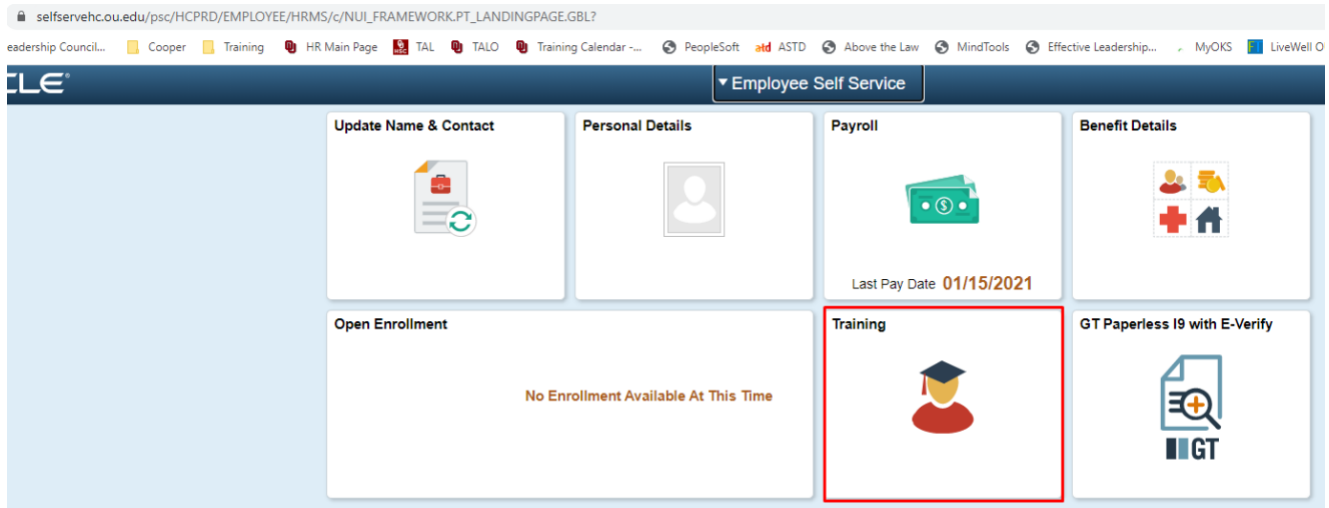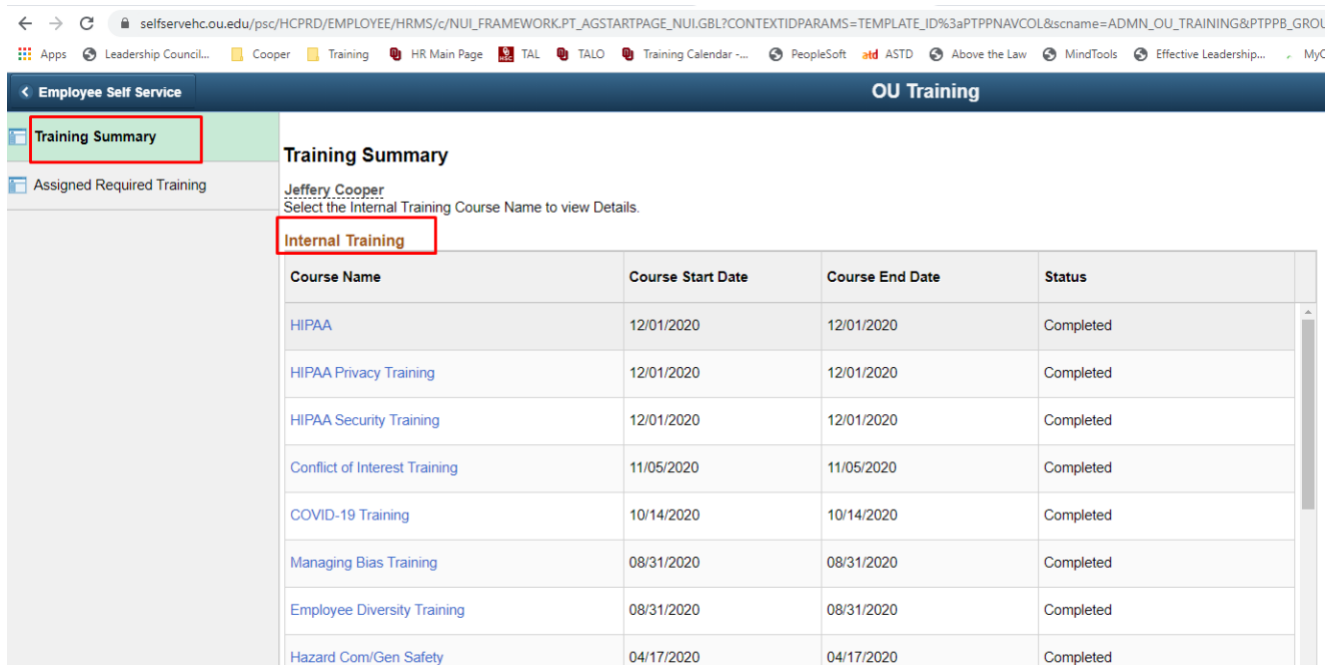
Please sign on to your Self-Service account (HSC staff: www.ouhsc.edu/selfserve OR Norman staff: https://hr.ou.edu/Self-Service) then select the option that says **Training**

The next screen should show you a training Summary. The very first section will be Internal Training. This is where you will find your training history for any training you have completed through Human Resources, as well as all of your OnPoint Compliance trainings.