



# HUMAN RESOURCES

The UNIVERSITY of OKLAHOMA  
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## Expanded Benefits Related to COVID-19

### Benefits Eligible OU Employees,

Your OU Benefits team would like to inform you about some updates to enhanced benefits related to your OU medical insurance plan. Changes have been made to your health insurance if you are enrolled in OU's BlueCross BlueShield PPO Plan or High Deductible Health Plan (HDHP).

### COVID-19 Testing and Treatment:

If you are enrolled in OU's PPO or High Deductible Health Plans on any campus, your health care coverage has been expanded to cover COVID-19 related items. COVID-19 testing and treatment are covered at no cost for BCBS HDHP and PPO members during the coverage periods shown. The chart below shows benefits and effective end dates.

Benefit	Effective Date	Projected End Date
COVID-19 Testing Related Benefits	3/18/20	Cost-share waiver ends with the end of HHS public health emergency
Telehealth Expansion	3/18/20	6/30/20*
COVID-19 Treatment	4/1/20	6/30/20*

### Telehealth/Telemedicine Visits:

The University's health plans will continue to cover behavioral health and medical services through telemedicine and telehealth visits. Members also have access to clinically appropriate medical and behavioral health services delivered through telemedicine with **no copays or deductibles for in-network visits through June 30, 2020** in response to the coronavirus outbreak. This will make it easier for members to access care while reducing their risk of exposure. This change applies to both the PPO and High Deductible Health Plan on all campuses.

### Who can provide telemedicine?

BlueCross **in-network providers who offer the service** through two-way, live interactive telephone and/or digital video consultations may provide telemedicine, based on state statutes. Norman campus employees also have the option to have virtual visit benefits through **MDLive**.

Goddard Health Services is also offering telehealth appointments for most health concerns.

In addition, appointments are available for curbside COVID testing (for patients who have symptoms or have been exposed to COVID-19). To discuss the best option for scheduling an appointment, please call (405) 325-4441 to speak to a Goddard medical appointment specialist.

### **Over-the-Counter Medication:**

The recently passed Cares Act restores the ability to use Health Savings Accounts (HSAs) and Flexible Spending Accounts (FSAs) to purchase over-the-counter (OTC) medicines that previously required a prescription from a physician and, for the first time, feminine hygiene products are included. [Click here](#) to see a full list of items that no longer require a prescription.

### **Questions?**

[Contact a Benefits Specialist](#)

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