Expanded Benefits Related to COVID-19

Benefits Eligible OU Employees,

Your OU Benefits team would like to inform you about some enhanced benefits related to your OU medical insurance plan. If you are enrolled in OU’s BlueCross BlueShield PPO Plan or High Deductible Health Plan (HDHP) on any campus, your health care coverage has been expanded to cover the following COVID-19 related items.

COVID-19 Testing and Treatment:
COVID-19 testing and treatment are provided at no cost for BlueCross HDHP and PPO members.

Telehealth/Telemedicine Visits:
The University’s health plans will continue to cover behavioral health and medical services through telemedicine and telehealth visits. Members also have access to clinically appropriate medical and behavioral health services delivered through telemedicine with no copays or deductibles for in-network visits through April 30, 2020 in response to the coronavirus outbreak. This will make it easier for members to access care while reducing their risk of exposure. This change applies to both the PPO and High Deductible Health Plan. BlueCross in-network providers who offer the service through two-way, live interactive telephone and/or digital video consultations may provide telemedicine, based on state statutes. Norman campus employees also have the option to have virtual visit benefits through MDLive.

Over-the-Counter Medication:
The recently passed Cares Act restores the ability to use Health Savings Accounts (HSAs) and Flexible Spending Accounts (FSAs) to purchase over-the-counter (OTC) medicines that previously required a prescription from a physician and for the first time, making feminine hygiene products qualified. Click here to see a full list of items that no longer require a prescription.

Questions?
Contact a Benefits Specialist
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