For overall wellness, don’t overlook your annual eye exam.

Healthy vision is one of the greatest gifts we have. That’s why Blue Cross and Blue Shield of Oklahoma brings you vision benefits that deliver more.

Eye exams play an important role in your overall wellness, and you should get one every year for optimal vision health. Besides measuring your vision, regular eye exams can help identify early signs of certain chronic health conditions, including high blood pressure, diabetes, heart disease and high cholesterol.¹ Annual eye exams enable your doctor to monitor the health of your eyes and track changes that can occur from year to year.

Your medical plan covers one routine vision exam every 24 months as part of your medical benefits:

- $35 co-pay on the PPO plan.
- Covered at 100% on the HSA plan.

To access your vision benefit:

1. Locate an in-network provider of your choice by calling the Customer Care Center or visiting the provider locator on our website.
2. Schedule an appointment. Many of our providers also offer walk-in appointments, in which case an appointment is not necessary.
3. When you arrive, identify yourself as a Blue Cross and Blue Shield of Oklahoma vision benefits member or present your ID card to receive services.
4. Your in-network provider will take care of the rest — making it a breeze.

For benefit questions, please contact your Health Advocate at 855-649-9614.

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